

## Set Up Guide - XB-456



1. Spread the rear leg of the main upright. Until fully extended.
2. Slide seat over main upright (keep seat at horizontal position when mounting). Adjust the height as needed or to your preference. Secure with locking bolt.
3. Slide head support on to main upright, attach bolt at required height.

Visit the below URL to view a video demonstration of the setup:

<http://www.youtube.com/watch?v=nNx1wqEVcA4&feature=youtu.be>